JF&CS Memory Café Percolator Quarterly Idea Exchange
March 9, 2023

For more than 150 years, Jewish Family & Children’s Service has been helping individuals and families build a strong foundation for resilience and well-being across the lifespan.
Today’s Agenda

1. Housekeeping
2. Announcements
3. Diana Cose and Bree Ruge, Lorenzo’s House, and discussion: serving people living with younger onset dementia at cafés
5. Next meeting: Wednesday, June 14, 1:30 to 3:30 pm ET
   - Funding your café (survey coming!)
   - Sara Masoud, SA Amigos bilingual café, and research on the benefit of cafés
Housekeeping

• This meeting is being recorded. The recording will be available at www.jfcsboston.org/Percolator in 1-2 weeks.
• Please activate your video if you are able to do so.
• Please keep your audio muted unless you are speaking.
• Please use the chat box or “raise hand” function to share your questions and comments at any time.
Say hello! Please type your name and location into the Chat box.
Percolator Updates

Living Well with Dementia at the Café – an initiative of the Percolator and Dementia Action Alliance

Café Chats available FREE for the first 25 sign-ups.

ONLY a few spots left!

Watch an example of a Café Chat by Laurie Scherrer (12 minutes):

• Visit www.jfcsboston.org, scroll down to Virtual Programs and click on JF&CS Memory Café. Go to May 2022.

Sign up for a Café Chat here:
https://forms.gle/KSqAUoSgggnhHtE46
Percolator Updates

• All Percolator resources are free and can be found at www.jfcsboston.org/Percolator
  • In-person and virtual/hybrid café toolkit (includes list of promo ideas)
  • Guide to Leadership & Meaningful Roles
  • PSA videos (English, Portuguese, Spanish)
  • Recorded how-to videos
  • Guest artist/activity facilitator directory
  • Join the email list
Percolator Updates - MA

• **Massachusetts cafés** – PLEASE review your listing at [www.jfcsboston.org/MemoryCafeDirectory](http://www.jfcsboston.org/MemoryCafeDirectory)

Directory of Memory Cafés in Massachusetts

This directory has been developed to help you find memory cafés in your area. You are welcome to attend as many as you wish!

We are pleased to list the following organizations and websites as a public service. They are not endorsed by JF&CS and this is not an exhaustive list. Any questions or concerns about any Café listed below should be directed to the contact person indicated.

If you would like to add or edit any information on this list, please fill out the form at the bottom of this page, or contact Beth Solzberg.
Your Updates

Mitsy Kits – Tammy Roussell

Mitsy Kit

MAKING CRAFTING ACCESSIBLE FOR ALL

Tote Bag Kits
Pillow Kits
Blanket Kits
Scarf Kits

www.MitsyKit.org
978-419-1824
Tammy.Roussell@MitsyKit.org
Your Updates

Memories International

Michael White
Your Updates


Featuring practical information grounded in science and first-person experiences from 48 people living with dementia, care partners and leading dementia specialists, the 428-page manual is an essential resource about living with dementia. The manual is available at no cost with printed versions available for purchase. Visit [https://daanow.org/pathways-to-well-being-with-dementia/](https://daanow.org/pathways-to-well-being-with-dementia/)
Your Updates

Please share your news – briefly, please!
Lorenzo’s House
Serving people living with younger onset dementia and those who care about them

Diana Cose, Founder
Bree Ruge, Lead of Programs & Development

Followed by discussion: your pearls for serving people living with younger onset dementia at your café
WE BRING LIGHT
TO YOUNGER-ONSET DEMENTIA
1-minute Trailer: *Shifting the Narrative - The Story of Lorenzo's House*

https://www.youtube.com/watch?v=3ObOnC-sKLA
Discussion
Café Connection

Reva Farenback-Brateman, MSW, CDP
Geriatric Case Manager & Community Educator
Samost Jewish Family & Children's Service
Cherry Hill, New Jersey

Followed by Q & A
Café Connection flyer

A SOCIAL GATHERING FOR PEOPLE Affected BY MEMORY CHALLENGES AND THEIR CARE PARTNERS.

HELD ON THE SECOND THURSDAY OF EACH MONTH
IN PERSON AT THE KATZ JCC
10:30 AM - 12 NOON

Cafe Connection provides an opportunity to enjoy a creative activity and conversation, promoting cognition and reducing isolation and boredom.

ADVANCE REGISTRATION & PROOF OF VACCINATION REQUIRED

To learn more or to register please contact
Reva Farenback-Brateman at JFCS:
856-424-1333 ext. 1184

Grant funding provided by: Camden County Board of Commissioners and Jewish Federation of Greater New Jersey.
Evaluation

Café Connection
In-Person Program Evaluation
February 9, 2023 – Valentine Cookie Decorating Program

1. I enjoyed participating in today’s Café Connection program.
   ___ agree    ___ disagree    ___ I don’t know

2. Being part of this in-person Café Connection helped me to feel less isolated.
   ___ agree    ___ disagree    ___ I don’t know

3. I feel less anxiety after participating in today’s Café Connection program.
   ___ agree    ___ disagree    ___ I don’t know

4. Participating in Café Connection gave me a brief respite from what is going on in the world.
   ___ agree    ___ disagree    ___ I don’t know

5. What did you like about this Café Connection program?

6. Do you have any suggestions on how to make our programs more interactive and enjoyable? Or what types of programs you enjoy most?

Thank you for your responses. Hope to see you next month!
Discussion
Save the date!

Next Percolator Idea Exchange is Wednesday, June 14, 1:30 – 3:30 EDT

Learn about:

• SA Amigos Memory Café and café research, UT San Antonio
• Ideas for funding for your café.

Coming in September:

Café de los Recuerdos, Elgin, Illinois

Dementia Action Alliance: debrief from Café Chats; promoting leadership and engagement among your café participants

Please let Beth know if you’d like to present your café or suggest a topic for a future idea exchange!
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